

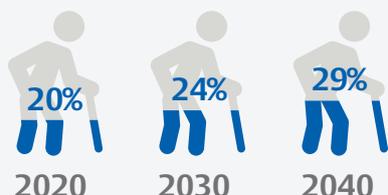
# EUROPEAN MANIFESTO FOR A HEALTHIER EUROPE

## Living longer, living better

### FACTS:

#### Europe is Ageing<sup>1</sup>

In 2040, **155M** Europeans will be aged over 65.



#### The ageing population is putting pressure on social and health systems

In 2040 **1/4** of the healthcare demand will be for people over the age of 65<sup>1</sup>.

The old-age dependency ratio<sup>2</sup> in 2016 was 30%, in 2040 this will be **46%**<sup>3</sup>.

Curing age-related diseases such as Structural Heart Disease protects the sustainability of our health and social care systems, preserves the autonomy of elderly citizens and allows them to make an active contribution to society

#### Structural Heart Disease is about to experience an exponential growth

- ✓ **Age-induced cardiac** defects such as aortic stenosis, mitral and tricuspid regurgitation, that demand repair and/or replacement of heart valves.
- ✓ Causing **functional decline** leading to **dependency** and **social exclusion**.

**SHD affects a large proportion of elderly**

Age	% with SHD
65-74	6%
75-84	16%
85+	30%

#### SHD is increasing in prevalence with population ageing



In 2040 the EU will have an estimated **20 million people** over 65 with SHD<sup>1,4</sup>.

<sup>1</sup> Eurostat (2017) People in the EU – population projections, [http://ec.europa.eu/eurostat/statistics-explained/index.php?title=People\\_in\\_the\\_EU\\_-\\_population\\_projections](http://ec.europa.eu/eurostat/statistics-explained/index.php?title=People_in_the_EU_-_population_projections) [retrieved on: 25/July/2018]

<sup>2</sup> The old age dependency ration is defined as the ratio between the number of persons aged 65 years and over to the number of persons aged 15-64, expressed as a percentage.

<sup>3</sup> Eurostat (2017) Baseline projections: demographic balances and indicators, <http://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do> [retrieved on 31/July/2018]

<sup>4</sup> Figures extrapolated based on projected demographic figures from Eurostat and the burden of Structural Heart Diseases provided in the OxVALVE Population Cohort Study, <https://www.ncbi.nlm.nih.gov/pubmed/27354049#>

### CALL ON THE EU AND MEMBER STATES TO:

#### 1. Prioritise

Set up a EU Joint Action (EU Commission & Member States) on Structural Heart Disease to prioritise and implement harmonised plans to ensure that no European citizen dies because of a lack of access to a heart health check.

#### 2. Detect

Ensure that diagnosis for Structural Heart Disease is included in all health checks of people over the age of 65 across Europe.

#### 3. Treat

Secure appropriate funding for early, proactive and curative treatment of Structural Heart Disease so that patients can return to normal life rapidly, and contribute actively to society.